2018 World Pancreatic Cancer Coalition Meeting Scientific Session and Panel Discussion May 9, 2018



WORLD PANCREATIC CANCER COALITION

Where We Began

- According to the WPCC Survey, the first organizations dedicated completely to pancreatic cancer were founded in 1997.
 - The Hirshberg Foundation for Pancreatic Cancer Research
 - The National Pancreas Foundation
- In 1999, pancreatic cancer received \$17.3 million in government funding in the United States through the National Cancer Institute (NCI), which was less than half of 1% of its total budget.
- In 2000, the NCI convened a Progress Review Group on Pancreatic Cancer to set an agenda for pancreatic cancer research.

Where We Began Continued

- A report was released in 2001 which stated:
 - Pancreatic cancer is disproportionately underrepresented in both clinical and basic research compared to other cancer sites.
 - The pancreatic cancer research community is encouraged by the comprehensive and effective way that HIV/AIDS has been addressed in America. New dollars poured in to encourage investigators and institutions to create infrastructure and launch new research initiatives. Consequently, transmission and death rates decreased markedly.

Where We Are Now

- Twenty years later, of the 70+ organizations in the WPCC, there are more than 30 organizations funding pc research.
- These groups have invested approximately \$240 million in pancreatic cancer research.
 - \checkmark Research is starting to make an impact.
 - \checkmark There are more options for patients.
 - \checkmark Patients are living longer with a better quality of life.
 - ✓ Breakthroughs are finally happening.

The Lustgarten Foundation



- Founded in 1998.
- Our mission is to advance the scientific and medical research related to the diagnosis, treatment, cure and prevention of pancreatic cancer.
- Since inception, invested more than **\$154 million** in research.
- Will commit an additional \$25 million+ in research in 2018.
- 100% of every dollar raised goes directly to pancreatic cancer research.
- Affiliated with Let's Win! Pancreatic Cancer Foundation, a platform that enables patients, doctors, and researchers to share fast-breaking information on potentially life-saving pancreatic cancer treatments and trials.

The Pancreatic Cancer Collective



- Since 2012, the Lustgarten Foundation and Stand Up To Cancer (SU2C) have funded more than 170 investigators across 28 leading research centers in both the United States and United Kingdom.
- These collaborative teams have planned, started or completed 22 clinical trials.
- The Pancreatic Cancer Collective (pancreaticcancercollective.org) launched in April 2018 to accelerate research for pancreatic cancer patients who desperately need better treatments:
 - 1) Inspire collaboration among people who haven't worked together
 - 2) Spread funding to new centers
 - 3) Leverage artificial intelligence approaches
 - 4) Find new treatments for pancreatic cancer
 - 5) Utilize the breadth and expertise of existing Lustgarten SU2C teams and researchers

Breakthroughs

- Immunology Keytruda[®] for MMRD patients
- Early Detection CancerSeek
- Personalized Medicine -- Organoids and DNA Sequencing
- Surgical Intervention -- Taking More Patients to Surgery/ RO Resections





- The FDA approved Keytruda[®] as the first immunotherapy treatment for advanced pancreatic cancer patients whose tumors are mismatch repair deficient. This deficiency alters their capacity to repair DNA, which is a factor in cancer development.
- It is estimated that approximately 1 in 50 advanced pancreatic cancer patients have tumors that are mismatch repair deficient, making them candidates for this type of therapy.
- Doctors hope this will be a cure for this small subset of patients.

Dr. Bert Vogelstein, Johns Hopkins and Dr. Luis Diaz, MSKCC

CancerSEEK



- A blood test that can detect the presence of pancreatic cancer as part of a panel of eight common cancers. Five of these cancers have no screening test.
- The test was done in patients with pancreatic cancer, mostly stage 2 pancreatic cancer. It needs to now be validated in patients without known cancer.
- The <u>sensitivity</u> of the detection method in pc was 72%.
 - Sensitivity is the ability of a test to correctly identify those with the disease (true positive).
- The <u>specificity</u> was greater than 99%.
 - Specificity is the ability of the test to correctly identify those without the disease (true negative).

This study lays the foundation for a single blood screening test for multiple cancers that could be offered as part of routine medical checks.

Dr. Bert Vogelstein, Johns Hopkins

Personalized Medicine

- **Personalized Medicine** is a type of medical care in which treatment is customized for an individual patient.
- Scientists and clinicians are using organoids and DNA sequencing to create personalized medicine for patients.

Organoids – A Key Tool in Personalized Medicine



- An organoid is a three-dimensional culture system that mimics organ structure and function.
- The organoids are derived from the pancreas of patients that undergo resection or biopsy of the pancreatic cancer.
- Organoids are used to test drug response with the aim of identifying the most effective treatment for each individual patient and potentially finding effective treatments in subsets of patients with specific similar mutations.

Organoid Profiling Identifies <u>Common Responders</u> to Chemotherapy in Pancreatic Cancer

- Current treatment selection for pancreatic cancer patients is often based on patient performance status. There is an unmet clinical need to define responsive subgroups to the 2 standards of care used now to inform treatment selection and to find alternative treatment options for patients who are resistant to the currently approved treatment regimens.
- Organoids can predict if the patient will be sensitive to standard of care chemotherapy and which one (Folfirinox vs Gem/Abraxane).
- Organoids resistant to all available options exhibited exceptional sensitivity to different targeted agents, providing alternative treatment options.

Dr. David Tuveson, Lustgarten Foundation Dedicated Lab, CSHL, NY

Personalized Medicine Clinical Application



In 1/3 of patients, Dr. Wolpin finds genetic alterations that can be treated with a therapy that is either in clinical trials or used for another kind of cancer.

Dr. Wolpin also uses organoids to provide opportunities to go beyond DNA sequencing to identify new therapeutic approaches.

Dr. Brian Wolpin, DFCI

Taking More Patients to Surgery with Better Outcomes

- Enabling more patients to have surgery has the potential to dramatically improve long term survival, especially if we can accomplish R0 resections.
- Almost half of all pc patients have borderline resectable or locally advanced pc many of these patients will be told they cannot have surgery.
- A clinical trial is opening for borderline resectable and locally advanced pancreatic cancer patients comparing those who receive neoadjuvant chemotherapy vs. chemotherapy and losartan (a medication used for high blood pressure that is thought to open up the blood vessels) or chemotherapy, losartan and an immunotherapy followed by SBRT and surgery.
- Initial data from this work show impressive increases in both the number of patients able to have surgery and improved outcomes for those patients who received treatment before surgery.
- The goal is an RO resection rate of greater than 65%.

Dr. David Ryan, Mass General Hospital

Advances are Happening!

Welcome Today's Scientific Panel

- Brian Wolpin, MD, MPH, Medical Oncologist and Translational Scientist at Dana-Farber Cancer Institute and Harvard Medical School
- Allyson J. Ocean, MD, Associate Professor of Clinical Medicine, Weill Cornell Medical College
- Gayle Jameson, MSN, ACNP-BC, AOCN Nurse Practitioner and Associate Clinical Investigator at HonorHealth Research Institute

Advances in the Prevention and Early Detection of Pancreatic Cancer

World Pancreatic Cancer Coalition Meeting

Brian M. Wolpin, MD, MPH Dana-Farber Cancer Institute Brigham and Women's Hospital Harvard Medical School



WORLD PANCREATIC CANCER COALITION

May 9, 2018



Disclosures

• Research funding from:





Hale Center for Pancreatic Cancer Research PANCREATIC Cancer Action Network







Reduce Mortality

- Prevention
- Screening and Early Detection
- Smarter and Better Therapies

Presentation and Prognosis



Early Detection Research

- Risk prediction models
- Blood tests
- Pancreatic juice, cystic fluid, and portal vein testing
- Imaging studies
- Machine learning approaches to detection

Predisposing Factors



Risk Models in Prospective Cohorts

	Base Model	+ Genetic Risk Score	+ Circulating Markers
Covariates	BMI Waist-hip ratio Physical activity Diabetes history Race/ethnicity Periodontal dz	webs	
		wGRS	HbA1c Proinsulin IGFBP-1 Adiponectin 25(OH)D Interleukin-6 Total BCAAs
LR <i>P</i> -value		1.0 x 10 ⁻¹²	4.0 x 10 ⁻⁴
ROC AUC	0.596	0.660	0.692
% controls w ≥3- fold average risk	0	0.45	0.98

Pete Kraft (HSPH) Jihye Kim

Chen Yuan (DFCI) Ana Babic

Pari Pandharipande (MGH)

N=1,488 462 cases 1026 controls

Identify Inherited Mutations



Interventions

- Prevention
 - Smoking cessation
 - Weight control
 - Diet and exercise
 - Chemoprevention studies
- Screening and Early Detection
 - Circulating biomarker studies
 - Screening protocols (e.g., CAPS)
- Smarter and Better Therapies
 - Anti-PD-1 Ab for MSI-H or MMR-D tumors
 - Platinum agents or PARPi for DDR deficient tumors

New Onset Diabetes (NOD) Cohorts



Sharma et al. Gastroenterology. 2018; Epub ahead of print.



CPDPC Consortium: <u>Chronic Pancreatitis, Diabetes and</u> <u>Pancreatic Cancer Consortium</u> 0.5%-0.85% rate of PDAC over 3 years after diabetes diagnosis





Early Detection Research

- Risk prediction models
- Blood tests
- Pancreatic juice, cystic fluid, and portal vein testing
- Imaging studies
- Machine learning approaches to detection

CancerSEEK Blood Test

Cohen et al. *Science*. 2018;359:926-30. Kalinich et al. *Science*. 2018;359:866-7.

93 patients with pancreatic cancer: Stage 1: 4 patients Stage 2: 83 patients Stage 3: 6 patients







Getting closer to the source: Pancreatic juice and cystic fluid



Getting closer to the source: Portal vein blood sampling



Early Detection Research

- Risk prediction models
- Blood tests
- Pancreatic juice, cystic fluid, and portal vein testing
- Imaging studies
- Machine learning approaches to detection

New Imaging Approaches



Abou-Elkacem et al. Eur J Radiol. 2015;84:1685-93.

Thy1-Targeted Microbubbles for Ultrasound Molecular Imaging of Pancreatic Ductal Adenocarcinoma

Lotfi Abou-Elkacem¹, Huaijun Wang¹, Sayan M. Chowdhury¹, Richard H. Kimura¹, Sunitha V. Bachawal¹, Sanjiv S. Gambhir¹, Lu Tian², and Jürgen K. Willmann¹

Abou-Elkacem et al. Clin Cancer Res. 2018;24:157-85.



Transgenic mouse models

Harness the learning power of machines



Lugo-Fagundo et al. *Am Coll Radiol*. 2017;15:364-7.

Elliot Fishman, MD



Visceral adipose

Subcutaneous dipose

Skeletal muscle



Laura Danai, Ana Babic, Michael Rosenthal

Early Detection Research

- Risk prediction models
- Blood tests
- Pancreatic juice, cystic fluid, and portal vein testing
- Imaging studies
- Machine learning approaches to detection

Thank you



WORLD **PANCREATIC** CANCER COALITION

Pancreatic Cancer Treatment Update



Allyson J. Ocean, M.D. Associate Professor of Clinical Medicine Weill Cornell Medical College WPCC Annual Conference May 8-10, 2018

Pancreatic Cancer: The Fourth Leading Cause of Cancer-Related Death in the United States¹

- An estimated 55,440 new cases and 44,330 deaths from pancreatic cancer in 2018
- While pancreatic cancer represents ~3% of estimated new cancer cases, deaths from pancreatic cancer represent ~7% of the total estimated number of cancer-related deaths in 2017


Approved/Recommended Treatment Options for Pancreatic Cancer: A Timeline



Burris HA et al. J Clin Oncol. 1997;15:2403-2413.
 Moore MJ et al. J Clin Oncol. 2007;25:1960-1966.
 Conroy T et al. N Engl J Med. 2011;364:1817-1825.
 Von Hoff DD et al. N Engl J Med. 2013;369:1691-1703.

5. Goldstein D et al. J Natl Cancer Inst. 2015;107:djv279. 6. Wang-Gillam A et al. Lancet. 2016;387:545-557.

Guideline Recommendations: Metastatic Disease^{1,2}

Good Performance StatusaPool• Clinical trials• Gem• Preferred• Cape- FOLFIRINOX (PS 0-1)• Cont- Gemcitabine +
nab-paclitaxel (KPS ≥70)• Cont• Gemcitabine + erlotinib• Cape

Gemcitabine

Poor Performance Status

- Gemcitabine^b
- Capecitabine^c
- Continuous 5-FU^c

ASCO guidelines recommend gemcitabine alone for patients with PS = 2 or comorbidities; for PS ≥3 emphasis on supportive care measures

^a All NCCN category 1 recommendations. ^b Category 2A recommendation. ^c Category 2B recommendation.

1. National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines in Oncology: Pancreatic Adenocarcinoma. v3.2017.

https://www.nccn.org/professionals/physician_gls/pdf/pancreatic.pdf. Accessed January 11, 2018.

2. Sohal DPS et al. J Clin Oncol. 2016;34:2784-2796.

Guideline Recommendations: Second-Line Therapy^{1,2}

Prior Gemcitabine

Category 1

- 5-FU/LV + nal-IRI
 - ASCO recommends PS 0-1

Category 2A

- FOLFIRINOX
- Oxaliplatin/5-FU/LV
- FOLFOX
- Capecitabine/oxaliplatin
- Capecitabine
- 5-FU continuous

Prior Fluoropyrimidine

Category 2A

- Gemcitabine + nab-paclitaxel
- Gemcitabine
- Gemcitabine cisplatin
- Gemcitabine erlotinib
- 5-FU/LV + nal-IRI (no prior irinotecan)

1. National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines in Oncology: Pancreatic Adenocarcinoma. v3.2017.

https://www.nccn.org/professionals/physician_gls/pdf/pancreatic.pdf. Accessed January 11, 2018.

2. Sohal DPS et al. J Clin Oncol. 2016;34:2784-2796.

Practice Point: Current Approaches in Treatment Sequencing for Advanced Pancreatic Cancer



^a Category 1 NCCN recommendation.¹

1. National Comprehensive Cancer Network (NCCN) Clinical Practice Guidelines in Oncology: Pancreatic Adenocarcinoma. v3.2017. https://www.nccn.org/professionals/physician_gls/pdf/pancreatic.pdf. Accessed January 11, 2018.

Novel Therapeutic Approaches to Pancreatic Cancer





Precision medicine



Immuno-oncology

Biologic Features of Pancreatic Cancer¹



Pancreatic Cancer Stroma Impedes Drug Delivery



Targeting Tumor Stroma: A Promising Therapeutic Strategy?^{1,a}



Example: PEGPH20 (recombinant hyaluronidase)

- Breaks down hyaluronic acid present in tumor stroma
- Current phase 3 trial of gem/nab-paclitaxel +/-PEGPH20 (HALO-301)



Stromal Modifying Agents¹⁻⁵

- PEGylated recombinant hyaluronidase: PEGPH20
- Vitamin D analogs
- Bruton's tyrosine kinase inhibitors
- CD40 mAb
- Hedgehog inhibitors

PEGPH20 Targets Hyaluronan in the Tumor Microenvironment¹



Secondary Endpoint: PFS HA-High (Combined Stages 1 and 2)¹



Phase 3 HALO-301 Trial in Metastatic PDA¹



Primary endpoints: PFS, OS

- Randomized (2:1/PAG:AG), double-blind, placebo-controlled, and global
- Interim analysis when target number of PFS events reached
- PFS powered by HR of 0.59 (to detect 41% risk reduction for progression)
- First patient dosed in March 2016, study will include approximately 200 sites in 20 countries

Vitamin D: "The Sunshine Vitamin"¹

- VDR is expressed in stroma from human pancreatic cancer
- Calcipotriol reduces
 fibrosis and inflammation



Paricalcitol (Synthetic Vitamin D)

- Poor clinical outcome in pancreatic ductal adenocarcinoma (PDA) is attributed to intrinsic chemoresistance and a growthpermissive tumor microenvironment.
- Conversion of quiescent to activated pancreatic stellate cells (PSCs) drives the severe stromal reaction that characterizes PDA.
- The vitamin D receptor (VDR) is expressed in stroma from human pancreatic tumors and that treatment with the VDR ligand calcipotriol markedly reduced markers of inflammation and fibrosis in pancreatitis and human tumor stroma.
- Evans et. al show that VDR acts as a master transcriptional regulator of PSCs to reprise the quiescent state, resulting in
 - induced stromal remodeling
 - increased intratumoral gemcitabine
 - reduced tumor volume, and a
 - 57% increase in survival compared to chemotherapy alone

BTK-Activated Signaling Regulates PDAC Tumorigenesis¹



1. Gunderson AJ et al. Cancer Discov. 2016;6:270-285.

RESOLVE: Ibrutinib and *Nab*-Paclitaxel/Gemcitabine in the First-Line Treatment of Metastatic Pancreatic Cancer¹



Phase 2/3, randomized, multicenter, double blind, placebo controlled trial

1. https://clinicaltrials.gov/ct2/show/NCT02436668. Accessed January 12, 2018.

Targeted Therapy (Precision): A Definition

- Drugs targeted at pathways, processes, and physiology that are uniquely disrupted in cancer cells
 - Receptors
 - Genes
 - Angiogenesis
 - Stromal alterations
 - Metabolomic



Genomic Analyses Identify Molecular Subtypes of Pancreatic Cancer: Potential Therapeutic Implications?¹



Treatment Duration With Rucaparib for Patients With Pancreatic Cancer and a *BRCA* Mutation $(N = 19)^1$



^a Patients discontinued treatment for other reason. ^b Study terminated; patient rolled over to an Individual Patient IND application. ^c Patient discontinued due to investigator decision. ^d Patient discontinued due to an AE and scan with stable disease performed after last treatment day. ^e Patient discontinued due to AE and progressive disease. ^f Patient withdrew consent; partial response confirmed with a scan after last treatment day. 1. Domcheck SM, et al. ASCO 2016. Abstract 4110.

POLO: Olaparib in Metastatic BRCA-Mutant Pancreatic Cancer¹

Step 1

Patients who:

- Have metastatic pancreatic cancer
- Are on a first-line platinum regimen

Patients who have already had *BRCA* testing and are positive for a *BRCA* mutation are eligible; patients who have not been previously tested for a *BRCA1* or *BRCA2* mutation will be offered *BRCA* testing (blood screening paid by a supporter)



^a If *BRCA1* or *BRCA2* positive, patients are inviting to join study.

1. https://clinicaltrials.gov/ct2/show/NCT02184195. Accessed January 16, 2018.

Immuno-Oncology



Immunotherapy and Pancreatic Cancer¹⁻⁴

Limited infiltrating effector T cells seen in tumor specimens and modest mutational burden



1. von Bernstorff W et al. Clin Cancer Res. 2001;7:925s-932s. 2. Clark CE et al. Cancer Lett. 2009;279:1-7.

3. Royal RE et al. J Immunother. 2010;33:828-833. 4. Alexandrov LB et al. Nature. 2013;500:415-421.

Immunotherapies Undergoing Evaluation for Advanced/Metastatic Pancreatic Cancer

Category	Description/Examples
Immune checkpoint inhibitors	 PD-1 and PD-L1 mAbs CTLA-4 mAbs IDO inhibitors
Vaccines	 CRS-207 = attenuated mesothelin-expressing listeria GVAX Algenpantucel-L ("hyperacute" vaccine)
CD40 agonist mAbs	Multiple ones under active investigation
CAR-T cells	Pilot studies ongoingMesothelin represents frequent target

Immune Checkpoint Inhibitors in PDAC: Pembrolizumab¹

 KEYNOTE-028 study in advanced solid tumors with defective mismatch repair (dMMR/MSI-high); pembrolizumab 10 mg/kg every 2 weeks



Indoleamine 2, 3-Dioxygenase Pathway Inhibitors¹

- IDO is a tryptophan-catabolizing enzyme and plays a key role in normal regulation of peripheral immune tolerance; in cancer, IDO facilitates evasion of immune-mediated destruction
- Indoximod
 - Phase 1/2 study of indoximod + gemcitabine/nab-paclitaxel for metastatic PC reported at the 2016 ASCO GI meeting¹
 - Interim results of the phase 2 portion were presented at the 2016 ASCO meeting²



Rationale for Cabiralizumab in Combination With Nivolumab



- TAMs inhibit antitumor T-cell activity in the tumor microenvironment^{1,2}
 - In pancreatic and other cancers, high levels of TAMs are associated with poor prognosis³⁻⁵
 - Signaling through the CSF-1 receptor promotes the maintenance and function of TAMs^{1,2}
- Cabiralizumab is a humanized IgG4 mAb that blocks CSF-1R⁶ and depletes TAMs
- Preclinical data suggest that CSF-1R inhibition synergizes with PD-1 blockade to enhance antitumor activity⁷

Ries CH et al. *Cancer Cell*. 2014;25:846-859.
 Cannarile M et al. *J Immunother Cancer*. 2017;5:53.
 Hu H et al. *Tumour Biol*. 2016;37:8657-8664.
 Kurahara H et al. *J Surg Reg*. 2011;167:e211-e219.
 Goswami KK et al. *Cell Immunol*. 2017;316:1-10.
 Bellovin D et al. *Cancer Res*. 2017;77(13 suppl): Abstract 1599.
 Zhu Y et al. *Cancer Res*. 2014;74:5057-5069.

Deep and Durable Responses Observed Accompanied by Significant Reduction in Pancreatic Tumor Marker CA19-9

 Best change in tumor burden over time in efficacy-evaluable patients treated with cabiralizumab 4 mg/kg + nivolumab 3 mg/kg (n = 31)^a



In this heavily pretreated population, durable clinical benefit was observed in **5 patients (16%)**

- All 5 had MSS disease, which historically has not shown benefit with anti–PD-1/L1 therapy^{1,2}
- Confirmed ORR = 10% (Updated confirmed ORR = 13%)
- Duration of treatment for responders = 275+, 168+, 258, and 247+ days

Responses were accompanied by steep declines in levels of the pancreatic tumor marker CA19-9 over baseline

^a Plot shows 31 efficacy-evaluable patients discontinued treatment early due to AEs before disease evaluation.

1. Overman M et al. Ann Oncol. 2016;27(suppl 6): Abstract 479P. 2. Le DT et al. N Engl J Med. 2015;372:2509-2520.

Mutated KRAS Initiates Pancreatic Carcinogenesis



Morris JP 4th, et al. *Nat Rev Cancer*. 2010;10(10):683-695.

KRAS Mutation Metabolic Reprograming

- Increased glucose uptake and metabolism (Warburg effect)
 - Increased GLUT1, HK1, HK2 expression
- Differential channeling of glucose intermediates
 - Hexosamine biosynthetic pathway
 - Non-oxidative pentose phosphate pathway
- Reprograming glutamine metabolism
- Increased autophagy
 - Mitophagy
- Increased macropinocytosis

Schematic representation of the differences between oxidative phosphorylation, anaerobic glycolysis, and aerobic glycolysis (Warburg effect)



Matthew G. Vander Heiden et al. Science 2009;324:1029-1033



• Drug Molecule:



- Toxic to cancer cells
- Extremely cheap
- Very safe



- Target molecule:
- GAPDH
- Mechanism of action:
 Inhibiting Glycol
- Responder ID: KRAS or BRAF mutations

WCMC Phase II Pilot Study: Cohort B



Ongoing Research

- Organoids
 - Tuveson et al
 - CTCs to organoids
 - High throughput drug screen
- Role of radiation
 - SBRT
 - Neoadjuvant and adjuvant settings
 - Electroporation (IRE)
- New drugs
 - MEK inhibitors
 - Parp inhibitors
 - CDK inhibitors
 - SM-88 (tyrosine analog)
 - Anti-CA19-9 antibody
 - RX-3117
 - Grand Slam approach (chemotherapy, Vitamin D, Immunotherapy)

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Technology

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Gastrointestinal Oncology

Let's Win: Innovative Online Community Offers Guidance to Patients With Pancreatic Cancer and Their Families

By Caroline Helwick





Allyson J. Ocean, MD

Cindy Price Gavin

Let's Win is an online community for persons with pancreatic cancer (www.letswinpc.org), but it is far more than a typical support group. Let's Win propels interested users toward cuttingedge research, based on its founders' commitment that no patient with pancreatic cancer should settle on the standard-of-care treatment without seeking potentially better options.

The ASCO Post interviewed the cofounder of Let's Win, Allyson J. Ocean, MD, Chair of the Scientific Advisory Board, and Cindy Price Gavin, Foundcally promoting its clinical trial finder. The two founders agreed that Let's Win offers a "unique niche," as Ms. Gavin put it, for patients and their families. "We think our site is the missing link," Dr. Ocean added. "We want to get the message out that patients can have hope through the science they will find on our site."

Visitors to Let's Win will find these sections: My Treatment, Promising Science, Clinical Trials, and Newsfeed. All sections allow readers to comment on what they find there. (Participants can comment on all sections except for the Newsfeed.)

66 The problem with pancreatic research so far is that the amazing science being done is not getting to most patients on time. **99**

-Allyson J. Ocean, MD

relations world and was in the prime of her life when showas diagnosed. She and her family we're stunned. They knew they had to do something urgently, and they began to search for treatments. As what happens for most patients, she was initially told she didn't have much time and to 'get her affairs in order," Dr. Ocean said. "Anne said, 'No, I won't listen to this. I will seek out more information and more options.' And, since that time, her entire cancer journey has been a science experiment!"

and living well with her disease. "You would never know she's sick—all this from using standard drugs in a nonstandard way," Dr. Ocean commented.

Not Settling for Standard of Care

From Ms. Glauber's initial feelings of helplessness and confusion came the concept that would become Let's Win: Patients need to be empowered to seek out and to find the very best options for their cancer—not only those recommended in the guidelines but novel ap-

LE We encourage patients to think outside the box, not just to take what they are hearing on day 1 and run with it. Our core is to create an interactive patient and family forum that enables dialogue and informs patients about fast-breaking information on potentially life-saving treatments and trials. **33**

---Cindy Price Gavin

Ms. Glauber became one of the first patients to have an organoid created in vitro of her tumor from a very small sample (via fine-needle aspirate), the results of a collaboration between Dr. Ocean and researchers at Cold Spring Harbor Laboratories. The researchers were able not only to interrogate her tumor genomically, but also to test thousands of compounds against the tumor and identify treatments that could be most effective.

proaches that go beyond the standard of care, "which gives patients very limited long-term outcomes," Dr. Ocean noted.

Together, the oncologist and her patient created a network of supporters, formed the core group, and established its mission. Dr. Ocean and Ms. Glauber partnered with **Kerri Kaplan**, CEO of the Lustgarten Foundation, and **Willa Shalit**, entrepreneur and philanthropist, to create Let's Win. They recruited Ms. Gavin.
World Pancreatic Cancer Coalition 5/9/18

Supportive Care for Individuals Living with Pancreatic Cancer

Gayle S. Jameson, RN, MSN, ACNP-BC, AOCN Nurse Practitioner, Associate Investigator HonorHealth Research Institute Scottsdale, AZ Gayle.Jameson@HonorHealth.com

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Dan Von Hoff, MD



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Michael Gordon, MD



Frank Tsai, MD



Sunil Sharma, MD



Jasgit Sachdev, MD



Carol Guarnieri, NP

NP



Courtney Snyder,

Jody Pelusi, NP



Slide courtesy of Gayle Jameson and Raji Chandrasekaran

Supportive Care Symptom Prevention & Management

"The worst symptom you can have is cancer." Dr. Mark Green

Best Supportive Care

- The goal of supportive care is to prevent or treat as early as possible the symptoms of a disease, side effects caused by treatment of a disease, and psychological, social, and spiritual problems related to a disease or its treatment.
- Palliative Care

https://www.cancer.gov/publications/dictionaries/cancer-terms/def/supportive-care

Common Symptoms

General

- Fatigue
- Weight loss
- Malnutrition
- Pain
- Anxiety/Depression
- Insomnia
- Dehydration

Gastrointestinal

- Loss of appetite
- Nausea
- Bloating/Abdominal Pain
- Diarrhea
- Digestive Enzyme Insufficiency
- Jaundice

Other Associated Problems

- Diabetes
- Venous Thromboembolism
- Peripheral Neuropathy
 - May be diabetes or treatment related
- Ascites

So how can we help patients live well with this disease?

Multidisciplinary Approach Patient issues are very complex



Cancer Related Fatigue (CRF)



CRF is a distressing, persistent, subjective sense of physical, emotional and/or cognitive tiredness or exhaustion related to cancer or cancer treatment that is not proportional to recent activity and interferes with usual functioning¹





¹National Comprehensive Cancer Network. NCCN.org Version 1.2016

Fatigue - What Can We Recommend?

*Important to rule out other causes; thyroid, adrenal dysfunction, narcotics, etc.

Three Important Points

- Good Nutrition
- Adequate Sleep
- Regular Exercise





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American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Survivors

Achieve and maintain a healthy weight.

 If overweight or obese, limit consumption of high-calorie foods and beverages and increase physical activity to promote weight loss.

Engage in regular physical activity

- Avoid inactivity and return to normal daily activities as soon as possible following diagnosis.
- Aim to exercise at least 150 minutes per week.
- · Include strength training exercises at least 2 days per week.

 Achieve a dietary pattern that is high in vegetables, fruits, and whole grains.
Follow the American Cancer Society Guidelines on Nutrition and Physical Activity for Cancer Prevention.



Correct the Myth that More Rest is Good

Pancreatic Exocrine Insufficiency

Symptoms can be disabling and impact nutrition:

- bloating, excessive gas, abdominal pain, diarrhea – especially after meals

Symptoms may not be recognized as enzyme Patients are frequently not treated or are under-dosed

Treat with oral Pancrealipase FDA has 3 approved products Tolerated well Instruct to take with first bite food May be "financially toxic" and not affordable

GI Symptoms

Nausea/vomiting

Determine cause

- Disease
- Chemotherapy
- Delayed gastric emptying
- Gastric outlet obstruction

Antiemetics, pro-motility agents IV Hydration

Anorexia/cachexia

- Nutrition consult at time of dx
- Appetite stimulants
- Exercise for muscle strengthening





Pain

- Location depends on tumor site (head vs tail)
- Best treatment is to decrease tumor
- Narcotics: short and long acting
- NSAIDS
- Pain specialist
- Intrathecal pumps
- Celiac plexus block
- Palliative radiation or chemoradiation

Anxiety/Depression

Pancreatic cancer is believed to have one of the highest rates of concomitant depressive disorders¹

- Discuss mood often with patients and family
- Assess for suicide risk
- Referrals to psychology or psychiatry, social services
- Pastoral Care
- Complementary Therapies
 - Yoga, Tai Chi, Massage, etc.
- Consider antidepressant meds

Chemotherapy Induced Peripheral Neuropathy (CIPN)

- Despite 25+ years of study, CIPN remains essentially an untreatable toxicity of many chemotherapy agents
- Clearly affects <u>quality</u> of life and <u>quantity</u> of life by limiting effective treatments
- No well accepted evidence based prevention interventions to date
- Interventions have been "borrowed" from the diabetic literature – not proven in CIPN; unknown if may interfere with chemotherapy effect
- New strategies for prevention and treatment are needed

CIPN Prevention Trial

A Pilot Randomized Feasibility Trial Comparing an Investigational Hand Therapy Intervention to a Traditional Occupational Therapy Intervention to Prevent Chemotherapy-Induced Peripheral Neuropathy of the Hands in Patients Receiving Albumin-Bound Paclitaxel plus Gemcitabine Containing Combination Chemotherapy

> Principal Investigator: Gayle Jameson, MSN, ACNP-BC, AOCN

Medical Consultant: Daniel Von Hoff, MD, FACP

Sponsored by Celgene Site: HonorHealth Research Institute Scottsdale, AZ

Research

Great need for clinical trials addressing symptom prevention and management Goals – improve QOL for patient and family, decrease symptom burden

Hot Topics in cancer related symptom research¹

- Pain: 164 studies
- Fatigue: 80 studies
- Caregivers: 50 studies
- Neuropathy: 27 studies
- Cachexia 20 studies

¹https://clinicaltrials.gov, retrieved 4/30/18

Let's not forget the Family

- Involve family members only as requested by the patient
- Respect boundaries
- Caretaker support & counseling
- Involve specialists in supporting children

Pancreatic Cancer is <u>Not</u> an Impossible Enemy



Slide courtesy of Daniel Von Hoff

Thank you

